

<b>CLASSTIMETABLE</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
			1300 – 1400 Aqua Zumba				
				Strong by Zumba 1930 – 2030			
	Zumba 1900–2000						

THE  


---

**ABERDEEN ALTENS**  


---

HEALTH CLUB

**Classes in the pool are expected to be busy – Feel free to use the facilities, but expect it to be louder than normal**  
**The Leisure Team**